



CHEF
Kenneth Martinez



Appetizers

- Ceviche
 - *Costa Rican Style Fish or Shrimp Ceviche*
 - *Caribbean Ceviche with Coconut Milk*
 - *Plantain Ceviche VG*
- Poke Tuna or Vegan Poke Served with Avocado, Sesame, Wasabi, and Ginger VG
- Tataki Tuna, Fresh Pacific Tuna Encrusted with Toasted Sesame Seeds. Served with Mango, Avocado, Roasted Pineapple, and Teriyaki Sauce
- Tuna Tartar
- Patacones served with Guacamole and Smash Beans VG
- Fresh Spring Rolls with Thai Peanut Sauce VG
- Vegetarian Antipasto, Grilled Tomato, Zucchini, Eggplant, Fresh Mozzarella, and Basil with a Balsamic Reduction
- Traditional or Pejibaye Hummus served with Pita Bread and Fresh Raw Vegetables VG
- Creamy Mushroom Cheese Dip served with Crackers
- Sauteed Mussels with White Wine and Basil
- Salsa, Chips, and Guacamole
- Bruschetta with Cheese and Tomato

Salads

- Spinach Salad with Goat Cheese, Green Apple, Caramelized Nuts, and Balsamic Vinegar Dressing
- Costa Rican Salad, Lettuce, Tomato, Heart of Palm, Sweet Pepper, Sweet Corn, Red Onion, and Avocado
- Caesar Salad
- Watermelon Salad with Basil, Pistachios, and Feta Cheese
- Tico Salad with Passion Fruit Dressing
- Frisee Salad with Butter Lettuce, Walnuts, Green Apple, Blue Cheese, and Blackberry Vinaigrette
- Asian Salad, a variety of Sprouted Seeds and Greens with a touch of Nori
- Greek Salad with Cucumbers, Tomato, and Feta Cheese

Soups

- Onion Soup
- Pejibaye Cream, a Traditional Costa Rican Specialty
- Shrimp or Lobster bisque
- Seafood soup with broth or cream
- Black Bean Soup VG
- Vegetable Soup VG

Main Courses

Latin Influenced Favorites

- Taco Bar, served with Guacamole, Jalapeños, Pico de Gallo salsa, Refried Beans, Cheese, salads, and Tortillas
 - *Meat Options: Beef Tenderloin Fajitas, Chicken Fajitas, and/or Grilled Mahi Mahi*
- Costa Rican Casado, Rice, Beans, Fried Plantain, Vegetables
 - *Meat Options: Chicken, Beef, Pork, or Fresh fish*
- Costa Rican Rice with Shrimp served with French Fries and Pico de Gallo Salsa
- Traditional Rice with Chicken served with Pico de Gallo and Tortillas
- Vegetarian Rice VG
- Paella Tica with fresh local Fish, Shrimp, and Mussels
- Burritos or Chimichangas

Asian Influenced Favorites

- A Variety of Sushi Rolls
- Teriyaki Chicken
- Fried Rice with your choice of Pork, Chicken, or Shrimp
- Sweet and Sour Pork or Chicken, with Vegetables and Jasmine Rice
- Pad Thai, Rice Noodles with Shrimp, Chicken, and Egg

Vegan Options

- Vegan Coconut Curry with Jasmine Rice
- Vegan Quinoa Burger with Coconut and fried Sweet Potato
- Vegan Sushi Roll
- Pasta Primavera
- Vegan Quesadillas (with cheese substitute)
- Faux Fried Fish from Cauliflower and Nori Seaweed
- Sweet Pepper stuffed with Quinoa and Vegetables with Ginger Carrot Puree
- Squash and Sweet Potato Curry
- Zucchini and Eggplant rolls stuffed with Tofu and bathed in Creole Tomato Sauce, topped Au Gratin style Vegan Cheese

Mix & Match Fresh Fish

- Sea Bass
- Red Snapper
- Mahi Mahi
- Tuna
- Snook

Preparation

- Seared
- Panko
- Grilled
- Baked

Sauces

- Garlic and Parsley Butter
- Blackened
- Citrus Sauce
- Spicy Caribbean Sauce
- Fresh Herb Sauce
- Seafood Sauce
- Curry and Lemongrass Sauce
- Teriyaki
- Romesco Sauce
- Chipotle Sauce
- Mediterranean Sauce
- Red Curry and Coconut Sauce
- Tartar Sauce
- Avocado Sauce

Lobster

- Risotto
- Butter and Garlic
- White wine sauce
- Pasta with Fresh Tomato, Basil, and Cream
- Lobster bisque

Jumbo Shrimp

- Risotto
- Pasta with Spinach, Fresh Tomato, White Wine, and Butter
- Butter and Garlic
- Salsa al Diablo
- Curry and Coconut

Chicken

- Parmesan
- Gorgonzola Sauce
- Basil and Tomato Sauce
- Mustard and Honey Sauce
- Bechamel and Mushrooms
- Stuffed with Gouda Cheese, Spinach, and Almonds
- Chipotle Chili Sauce
- Bell Pepper Sauce
- Milanese
- Stuffed with Plantain Fufu with Pejibaye and Chipotle sauce



Beef

Your Choice of Tenderloin, Skirt Steak, or New York Steak

- Chimichurri
- Caramelized Onions
- Blue Cheese Sauce
- Mignon in Demiglace Sauce and Truffle Oil
- Porcini Mushroom and Marsala Sauce
- Dijon Mustard
- Spicy Corn sauce
- Costa Rican coffee sauce
- Herb Marinated
- Red Wine and Demiglace

Pasta

- Pasta Pesto
- Pasta Bolognese
- Vegetarian Pasta
- Seafood pasta
- Pasta with shrimp, Tequila and Lime

Kids Menu options

- Chicken Fingers and French Fries
- Fish fingers and French Fries
- Simple Pasta with Butter
- Hamburger or Cheeseburger
- Hot Dog
- Quesadilla
- Cheese Pizza

Pork Tenderloin or Ribs

- Jack Daniels B.B.Q Sauce
- Honey Mustard
- Tamarindo BBQ Sauce
- Guava sauce
- Red wine sauce
- Roasted Pineapple and B.B.Q Sauce
- Chipotle Barbecue
- Sweet and Sour Sauce

Some suggested Sides

- Broccoli
- Green Beans with Toasted Almonds
- Sautéed Veggies
- Grilled Veggies
- Jasmine Rice
- Mashed Potatoes
- Rosemary Potatoes
- French Fries
- Roasted Corn on the Cob with Parmesan and Cilantro Sauce
- Green Salad

Desserts

- Tropical Brulee with fresh Mango and Passionfruit
- Deep Fried Oreo with Ice Cream and Strawberries.
- Brownie with Ice Cream
- Tres Leches cake
- Chocolate Lava cake
- Coconut or Coffee Flan
- Banana Flambé with Ice Cream
- Mango or Passionfruit Mousse
- Fresh Fruit with or without Vanilla Ice Cream
- Crepes with Nutella and Ice Cream
- Cheesecake with Strawberry Basil drizzle
- Key Lime Pie
- Rice Pudding



Breakfast

- Typical Costa Rican Breakfast, Gallo Pinto, Eggs, Ripe Plantains, Sour Cream, and bread or Corn Tortillas
- Typical American Breakfast, Toast, Eggs any style, Bacon, or Sausage
- Breakfast Burrito: Wheat Tortilla, Egg, Avocado, Cheese, and Beans
- Egg Frittata: Sundried Tomato, Mushrooms, Bacon or Ham, Parsley, and Parmesan Cheese
- Omelets: Choose from a selection of fresh Vegetables, Cheese, and Meat
- Pancakes and Maple Syrup
- French Toast
- Oatmeal with Cinnamon, Raisins, and Strawberries.
- Huevos Rancheros
- Eggs Benedict
- Continental breakfast: Cereal, Granola, or Oatmeal, Toast, Ham, and Cheese
- Fresh Fruit
- Smoothies
- Yogurt
- Granola or Cereal
- Hash Brown Potatoes
- Rosemary Potatoes
- Cheeses
- Sausage or Bacon sides

All breakfasts are accompanied by fresh fruit, orange juice, and coffee. Other options are available on request, the chef is at your service.

